

Relationship Cookbook: Joiner's Guide

in case you missed the introduction

What's happening?

We are having a semi-structured conversation.
It feels a bit strange at first, but it works (trust us). Try to observe for a while, and do what other people do.
This is a short guide to help.

What are the rules?

They are more like guidelines than rules:

* every conversation is timeboxed

5 to 10 minutes per block, extended if the majority wants.
No topic will overstay its welcome.

* it is self-facilitated, mostly with hand signals

We're using hand signals taken mostly from the Occupy Wall Street assembly, with some small changes.
With them, we silently signal we want to say something, we express approval or disapproval, we keep track of who wants to talk next.
Also, we choose together if to stay on a topic or if to pass to the following one (or terminate an event).

Hand signals

Facilitation



Also known as "stacking":
"I want to talk next with a longer contribution".
(keep your hand/arm/finger up:
if you put it down, we expect
you don't want to talk anymore)



Also known as "question" or "comment":
"I want to ask a question/add something short to what's being said"



Someone raised their hand and wants to talk.
In THIS case, it's polite to - point at people (and impolite not to)

Emoting



I agree with what's being said.
Also "me too".



I disagree with what's being said. Also "that doesn't work", or "I tried, and I got hurt"



We got the point, you're repeating yourself/someone else.

find out more:

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